FEBRUARY 2009 MENU

REGULAR BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

1.5 lb.	Sirloin Strip Steaks (4 x 6 oz.)
2 lb.	Tray Pack Chicken Breast
1 lb.	Boneless Pork Chops
2 lb.	Breaded Chicken Nuggets
28 oz.	Salisbury Steak Entreé
12 oz.	Sliced Bacon
1 lb.	All-Meat Hot Dog
1 lb.	Stir Fry (Broccoli, Red Peppers & Onions)
1 lb.	Carrots
8 oz.	Breakfast Cereal
32 oz.	2% Shelf Stable Milk
35 oz.	Crinkle-Cut Fries
7.25 oz.	Mac 'n Cheese
1 lb.	Rice
1 lb.	Bean Soup Mix
	Dozen Eggs
	Dessert

$30.00

SENIOR/CONVENIENCE BOX

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

Beef Chili Macaroni Casserole with Diced Carrots and Green Beans

Ham & White Beans with Diced Sweet Potatoes and Winter Blend Vegetables

Creamy Chicken Fettuccine Alfredo with Corn and Capri Blend Vegetables

Sweet & Sour Pork with Rice, Peas and Carrots, and Squash Medley

Flame Broiled BBQ Chicken Breast with Diced Sweet Potatoes and Broccoli

Seasoned Beef Chili with Beans, Broccoli and Applesauce

Beef Meatballs & Shell Pasta with Creamy Alfredo Sauce, Green Bean Casserole and Squash Medley

Pot Roast and Gravy with Vegetables, Diced Potatoes and Green Peas

Creamy Macaroni & Cheese with Diced Carrots and Green Peas

Grilled Chicken Breast over Rice & Gravy with Diced Carrots and Green Peas

10 2-pack, individually-wrapped cookies

$28.00

One or More Specials Available Only with the Purchase of Either of the Boxes Above

FEBRUARY SPECIAL #1

6 lb. Assorted Meat Box **$22.00**

1.5 lb. Bone-In Ribeye Steak (2 x 12 oz.)
1.5 lb. Bacon-Wrapped Lean Ground Beef Patties (4 x 6 oz.)
2 lb. Thick-Cut Pork Chops (4 x 8 oz.)
1 lb. Mild Italian Sausage with Mozzarella Cheese

FEBRUARY SPECIAL #2

4 lb. Steak Combo **$21.00**

2.5 lb. T-Bone Steaks (4 x 10 oz.)
1.5 lb. New York Strip Steaks (2 x 12 oz.)

FEBRUARY SPECIAL #3

Super Value Fajita Kit (5+ lbs.) **$21.00**

2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
1 lb. Onions & Bell Peppers
20 ct. 8" Flour Tortillas

FEBRUARY SPECIAL #4

Frozen Side & Fixin's Box **$16.00**

Compliments our Great Steak and Chicken Boxes

2 lb. Heat & Serve Corn
2 lb. Heat & Serve Green Beans
2 lb. Heat & Serve Mashed Potatoes
1 Brown Gravy Mix
8 ct. Dinner Roll
1 Pie

FEBRUARY SPECIAL #5

Fresh Fruit and Veggie Box **$21.00**

3 lb. No. 1 Premium Idaho Baking Potatoes
3 lb. No. 1 Premium North Carolina Sweet Potatoes
2 lb. No. 1 Premium New Crop Western Grown Yellow Onions
9 oz. California Premium Raisins
1 lb. Premium California Grown Carrots
1 head Premium Fresh Green Cabbage
3 lb. New Crop Tree-Ripened Red Delicious Apples
2 each Premium Washington State Anjou Pears
1 each Premium Golden Sweet Pineapple
3 lb. New Crop Premium Florida Tree-Ripened Valencia Oranges

FEBRUARY SPECIAL #6

Tangerine Box **$15.00**

2/5 Bushel New Crop Florida Tree-Ripened Honey Tangerines (approximately 20-21 pounds or 70-75 tangerines)

Orders Due: **Contact Your Local Host Site***
Distribution Day: **Contact Your Local Host Site***

**Please note that some host sites have earlier order deadlines. Please contact your local host site for information.*

Visit our website to locate a host site near you
www.angelfoodministries.com

Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410
Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality
We Accept Food Stamps (EBT).